

Astoria School District - Summer Feeding Program

Week 1

26-30 June 2017

Meal Component		Monday June 26, 2017		Tuesday June 27, 2017		Wednesday June 28, 2017		Thursday June 29, 2017		Friday June 30, 2017	
Lunch Meat or Meat Alternate	1 Ea	BBq Chicken Sandwich	1 Ea	Turkey and Cheese Sandwich	1 Ea	Bean and Cheese Burrito	1 Ea	Chicken and Cheese Quesadilla	1 Ea	Breaded Chicken Patty Sandwich	
Vegetable Fruit	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	
Bread	1Ea	Whole Grain Bun	1Ea	Whole Grain Bread	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Bun	
Milk: Choice of 1	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	
Other	1 Ea	BBq Sauce	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1 Ea	Taco Sauce	1 Ea	Taco sauce	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	

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Astoria School District - Summer Feeding Program

Week 2

3-7 July 2017

Meal Component		Monday July 3, 2017		Tuesday July 4, 2017		Wednesday July 5, 2017		Thursday July 6, 2017		Friday July 7, 2017	
Lunch Meat or Meat Alternate	1 Ea	Whole Grain Corn Dog		4th Of July	1 Ea	Grilled Hamburger on Whole Grain Bun	1 Ea	Ham and Cheese Sandwich	1 Ea	Cheese Pizza	
Vegetable Fruit	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit		4th Of July	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	
Bread	1Ea	Whole Grain Corn Breeding		4th Of July	1Ea	Whole Grain Bun	1Ea	Whole Grain Bread	1Ea	Whole Grain Crust	
Milk: Choice of 1	8 Oz	1% White Milk Chocolate Skim Milk		4th Of July	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	
Other	1Ea 1Ea 1Ea	Mayo Mustard Ketchup		4th Of July	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	

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Astoria School District - Summer Feeding Program

Week 3

10-14 July 2017

Meal Component		Monday July 10, 2017		Tuesday July 11, 2017		Wednesday July 12, 2017		Thursday July 13, 2017		Friday July 14, 2017	
Lunch Meat or Meat Alternate	1 Ea	BBq Chicken Cheese Sandwich	1 Ea	Turkey and Cheese Sandwich	1 Ea	Bean and Cheese Burrito	1 Ea	Chicken and Cheese Quesadilla	1 Ea	Breaded Chicken Patty Sandwich	
Vegetable Fruit	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	
Bread	1Ea	Whole Grain Bun	1Ea	Whole Grain Bread	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Bun	
Milk: Choice of 1	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	
Other	1 Ea	BBq Sauce	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1 Ea	Taco Sauce	1 Ea	Taco sauce	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	

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Astoria School District - Summer Feeding Program

Week 4

17-21 July 2017

Meal Component		Monday July 17, 2017		Tuesday July 18, 2017		Wednesday July 19, 2017		Thursday July 20, 2017		Friday July 21, 2017	
Lunch Meat or Meat Alternate	1 Ea	Whole Grain Corn Dog	1 Ea	Chicken Salad Wrap	1 Ea	Grilled Hamburger on Whole Grain Bun	1 Ea	Ham and Cheese Sandwich	1 Ea	Cheese Pizza	
Vegetable Fruit	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	
Bread	1Ea	Whole Grain Corn Breading	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Bun	1Ea	Whole Grain Bread	1Ea	Whole Grain Crust	
Milk: Choice of 1	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	
Other	1Ea 1Ea 1Ea	Mayo Mustard Ketchup			1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	

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Astoria School District - Summer Feeding Program

Week 5

24-28 July 2017

Meal Component		Monday July 24, 2017		Tuesday July 25, 2017		Wednesday July 26, 2017		Thursday July 27, 2017		Friday July 28, 2017	
Lunch Meat or Meat Alternate	1 Ea	BBq Chicken Cheese Sandwich	1 Ea	Turkey and Cheese Sandwich	1 Ea	Bean and Cheese Burrito	1 Ea	Chicken and Cheese Quesadilla	1 Ea	Breaded Chicken Patty Sandwich	
Vegetable Fruit	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	
Bread	1Ea	Whole Grain Bun	1Ea	Whole Grain Bread	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Bun	
Milk: Choice of 1	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	
Other	1 Ea	BBq Sauce	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1 Ea	Taco Sauce	1 Ea	Taco sauce	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	

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Astoria School District - Summer Feeding Program

Week 6

31 Jul- 4 Aug 2017

Meal Component		Monday July 31, 2017		Tuesday August 1, 2017		Wednesday August 2, 2017		Thursday August 3, 2017		Friday August 4, 2017	
Lunch Meat or Meat Alternate	1 Ea	Whole Grain Corn Dog	1 Ea	Chicken Salad Wrap	1 Ea	Grilled Hamburger on Whole Grain Bun	1 Ea	Ham and Cheese Sandwich	1 Ea	Cheese Pizza	
Vegetable Fruit	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	
Bread	1Ea	Whole Grain Corn Breading	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Bun	1Ea	Whole Grain Bread	1Ea	Whole Grain Crust	
Milk: Choice of 1	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	
Other	1Ea 1Ea 1Ea	Mayo Mustard Ketchup			1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	

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Astoria School District - Summer Feeding Program

Week 7

7-11 August 2017

Meal Component		Monday August 7, 2017		Tuesday August 8, 2017		Wednesday August 9, 2017		Thursday August 10, 2017		Friday August 11, 2017	
Lunch Meat or Meat Alternate	1 Ea	BBq Chicken Cheese Sandwich	1 Ea	Turkey and Cheese Sandwich	1 Ea	Bean and Cheese Burrito	1 Ea	Chicken and Cheese Quesadilla	1 Ea	Breaded Chicken Patty Sandwich	
Vegetable Fruit	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	
Bread	1Ea	Whole Grain Bun	1Ea	Whole Grain Bread	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Bun	
Milk: Choice of 1	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	
Other	1 Ea	BBq Sauce	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1 Ea	Taco Sauce	1 Ea	Taco sauce	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	

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Astoria School District - Summer Feeding Program

Week 8

14-18 August 2017

Meal Component		Monday August 14, 2017		Tuesday August 15, 2017		Wednesday August 16, 2017		Thursday August 17, 2017		Friday August 18, 2017	
Lunch Meat or Meat Alternate	1 Ea	Whole Grain Corn Dog	1 Ea	Chicken Salad Wrap	1 Ea	Grilled Hamburger on Whole Grain Bun	1 Ea	Ham and Cheese Sandwich	1 Ea	Cheese Pizza	
Vegetable Fruit	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	
Bread	1Ea	Whole Grain Corn Breading	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Bun	1Ea	Whole Grain Bread	1Ea	Whole Grain Crust	
Milk: Choice of 1	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	
Other	1Ea 1Ea 1Ea	Mayo Mustard Ketchup			1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	

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Astoria School District - Summer Feeding Program

Week 9

21-25 August 2017

Meal Component		Monday August 21, 2017		Tuesday August 22, 2017		Wednesday August 23, 2017		Thursday August 24, 2017		Friday August 25, 2017	
Lunch Meat or Meat Alternate	1 Ea	BBq Chicken Cheese Sandwich	1 Ea	Turkey and Cheese Sandwich	1 Ea	Bean and Cheese Burrito	1 Ea	Chicken and Cheese Quesadilla	1 Ea	Breaded Chicken Patty Sandwich	
Vegetable Fruit	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	1/2 Cup 1/2 Cup	Fresh Vegetable Fruit Cup	1/2 Cup 1Ea	Fresh Vegetable Fresh Fruit	
Bread	1Ea	Whole Grain Bun	1Ea	Whole Grain Bread	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Tortilla	1Ea	Whole Grain Bun	
Milk: Choice of 1	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	8 Oz	1% White Milk Chocolate Skim Milk	
Other	1 Ea	BBq Sauce	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	1 Ea	Taco Sauce	1 Ea	Taco sauce	1Ea 1Ea 1Ea	Mayo Mustard Ketchup	

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